

# *You Are Invited to* Gathering to Remember

Sunday, December 2<sup>nd</sup>

2:30 - 4:30 pm

St. Paul's Anglican Church, 100 Chapel St.

Refreshments to follow Candlelight Remembrance.

Join us for an afternoon of music, inspirational readings, and candlelight remembrance as we honour and celebrate the lives of those whose memories we hold close in our hearts. Call us at 250-758-8857 if you need a ride.



## Celebrate a Life



December 7<sup>th</sup> to 17<sup>th</sup> - Country Club Mall  
December 14<sup>th</sup> to 21<sup>st</sup> - Woodgrove Centre

This year visit our Celebrate a Life Trees in both Country Club Mall and Woodgrove Centre.

Hospice volunteers will be on hand to assist as you take part in a loving ritual of remembrance. Write the name of your loved one on a memory card, place it on the tree, and let the lights shine in memory and celebration. Take home a 'heart of remembrance' for your own tree.

## ***A Message to Our Friends***

**2012 has been a year that we will no doubt look back on with a great sense of accomplishment.** Amidst the intense work required to ready Hospice to move to a new home, our staff and volunteers have continued to serve the members of our community who needed the care and support of Hospice. People like

6 year old Nolan and his family who lost their new born baby  
83 year old Margaret who cared lovingly for her dying spouse of 61 years.  
21 year old Denny who lost his Mother in a vehicle accident.  
16 year old Mandy whose father committed suicide.  
42 year old Elizabeth who died of cancer at home with her family at her side.

**At such times it's hard to know what to say or do.** Hospice staff and volunteers are trained to "be there" in difficult situations – to listen – to encourage – to care.

**This year 150 volunteers provided support** in people's homes, in care facilities, in the hospital on the palliative care unit, and at Hospice House. They

- facilitated grief groups and walked on Saturdays with the Walking Group
- provided reiki, nurturing, and relaxation in our Self Care Clinic
- sat with patients and supported family members on the palliative care unit
- listened to families at the kitchen table in their homes
- took seniors for outings, sat at the bedside, and listened to and recorded their stories
- provided education in elementary, high schools, and in local university/colleges
- provided grief support and information in the workplace
- knitted comfort shawls and made comfort cushions
- worked in the office and library and took care of Hospice House

**Another 110 volunteers worked in our thrift stores** to fund hospice programs and they provided support through the Elders in Transition Program, helping seniors and families during times of change – packing boxes – taking items to recycle – supporting a family member who just donated their loved ones belongings.

**Volunteers are the foundation of the work we do.** And the reality is that we could not do it without them. They need proper training and space to work. Hospice House has served us well for 20 years but we're bursting at the seams and have to move. That is the reason for the Expand the Heart of Hospice capital campaign.

**The need is urgent** – we must move – and we must complete this project on time and on budget. We need your help.

At this time of Giving - **Help us reach our goal** of raising the final \$300,000.

**Your gift will make a difference in the lives of many for years to come.**

***Blessings from everyone at Hospice to you  
and those you care most about at this special time of year.***